

**COACH RALPH MUNGER &
THE ROCKFORD FOOTBALL STAFF**

ROCKFORD FUNDAMENTAL YOUTH CLINIC 2005

Parents are welcome to bring along their cameras, video cameras and lawn chairs daily.

INVITE ALL UPCOMING 4TH AND 5TH GRADERS AND UPCOMING 6TH AND 7TH GRADERS TO FOUR DAYS OF NON CONTACT FUNDAMENTAL DRILL WORK ASSOCIATED WITH PLAYING FOOTBALL IN A SAFE AND SUCCESSFUL MANNER.

WE WILL BE TEACHING AND COACHING TWO SEPARATE CURRICULUMS WITH THE UPCOMING 6TH AND 7TH GRADES BEING TAUGHT MORE ADVANCED TECHNIQUES USED WITHIN THE ROCKFORD FOOTBALL SYSTEM.

DATE: AUGUST 1st - AUGUST 4th
TIME: 9:00 AM sharp until 12:30 PM
PLACE: Rockford High School Practice Fields
COST: \$50.00 (PRIOR TO JULY 8th) **Registration after JULY 8th is \$60.00**
MAKE CHECKS PAYABLE TO: ROCKFORD FOOTBALL ACCOUNT

**CURRICULUM, SKILL DEVELOPMENT,
AND INSTRUCTION IN PROPER AND
SAFE TECHNIQUES USED IN:**

- STANCE AND STARTS
- PULLING MOVEMENT
- BLOCKING AND TACKLING
- PASSING MECHANICS
- RECEIVING TIPS
- HAND OFF MECHANICS
- BACK PEDAL FOOTWORK
- LONG SNAPPING
- PLACE KICKING
- PUNTING
- KICK OFF AND FIELD GOAL



DRILL WORK EMPHASIZING:

- BALL SECURITY
- BALL RECOVERY
- SCOOP AND SCORE
- BLOCKING PUNTS
- INTERCEPTING TECHNIQUE
- BALL REACTION
- PROPER PASS ROUTES

**PARTICIPANTS WILL ENJOY 7 ON 7
ACTIVITIES ALONG WITH VARIOUS SKILL
CONTESTS AND A FINAL DAY RAFFLE**

MAIL THE BACKSIDE OF THIS BROCHURE TO:

COACH RALPH MUNGER • ROCKFORD HIGH SCHOOL • 4100 KROES • ROCKFORD, MI 49341

Parents: don't miss "GAME DAY Thursday." It is a day that is action packed and full of excitement!

??QUESTIONS??

CALL COACH MUNGER

AT (S) 863-6030 OR (H) 866-7797

**EMAIL ADDRESS: rmunger44@aol.com or
rmunger@rockford.k12.mi.us**

FUNDamental Youth Clinic Football Camp Registration Form

Future Ram Gridder

____/____/____
Date of Birth

GRADE ENTERING

Elementary or Middle School Attending in Fall '05

Street Address

City

Zip Code

Primary Phone #

Secondary Phone #

T-Shirt Size (Circle Please) YOUTH: LG XL or MENS: SM MED LG XL

I understand that the applicant will be engaging in physical activity during this camp, which contains an inherent risk of physical injury. The undersigned assumes full responsibility for any and all injuries which the applicant may incur while participating in the Rockford Football Camp.

Parent Signature

Parent Name Printed

____/____/____
Date